

PEG LEG PURKER TAILOR GOO GOO
SINEMA PINWOOD SOCIAL BASTION



Recipe Notes

A TASTE OF MUSIC CITY



HENRIETTA RED **ETCH** MARTIN'S BBQ
CAFE ROZE CHRISTIE COOKIE THAI ESANE



Welcome to *Recipe Notes: A Taste of Music City*, a digital collection of recipes from some of Nashville's most beloved restaurants and chefs. While Nashville has historically been known for Meat and Three meals, BBQ, and Hot Chicken, in more recent years the food (and drink) scene has become more diverse, and garnered the attention of celebrity chefs, media, and Nashville's many visitors.

During these challenging times, we know many are cooking at home more than usual. We hope this small collection of Nashville recipes can bring a taste of Music City into your homes. Cook these dishes at home, and enjoy them with your loved ones. When it is safe to travel, we hope these recipes you created at home (and no doubt devoured!) inspire you to visit Nashville, stop by these restaurants, and enjoy the original creations. It is more important than ever to patronize and support locally owned restaurants

to help ensure they are in business for years to come. In the Index, you will find the restaurant addresses, websites, and phone numbers to help you plan your next visit.

We hope these recipes provide you with comfort, inspiration, and a taste of Music City. Most importantly, we hope they bring you a bit of joy during these trying times.

Visit us at www.visitmusiccity.com.



Bastion

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SIDE SIDES





Photo by Andrea Behrends

YIELD 2-3 SERVINGS

Fried Broccoli with Lemon Zest, Sea Salt and Dipping Sauce

From Pinewood Social

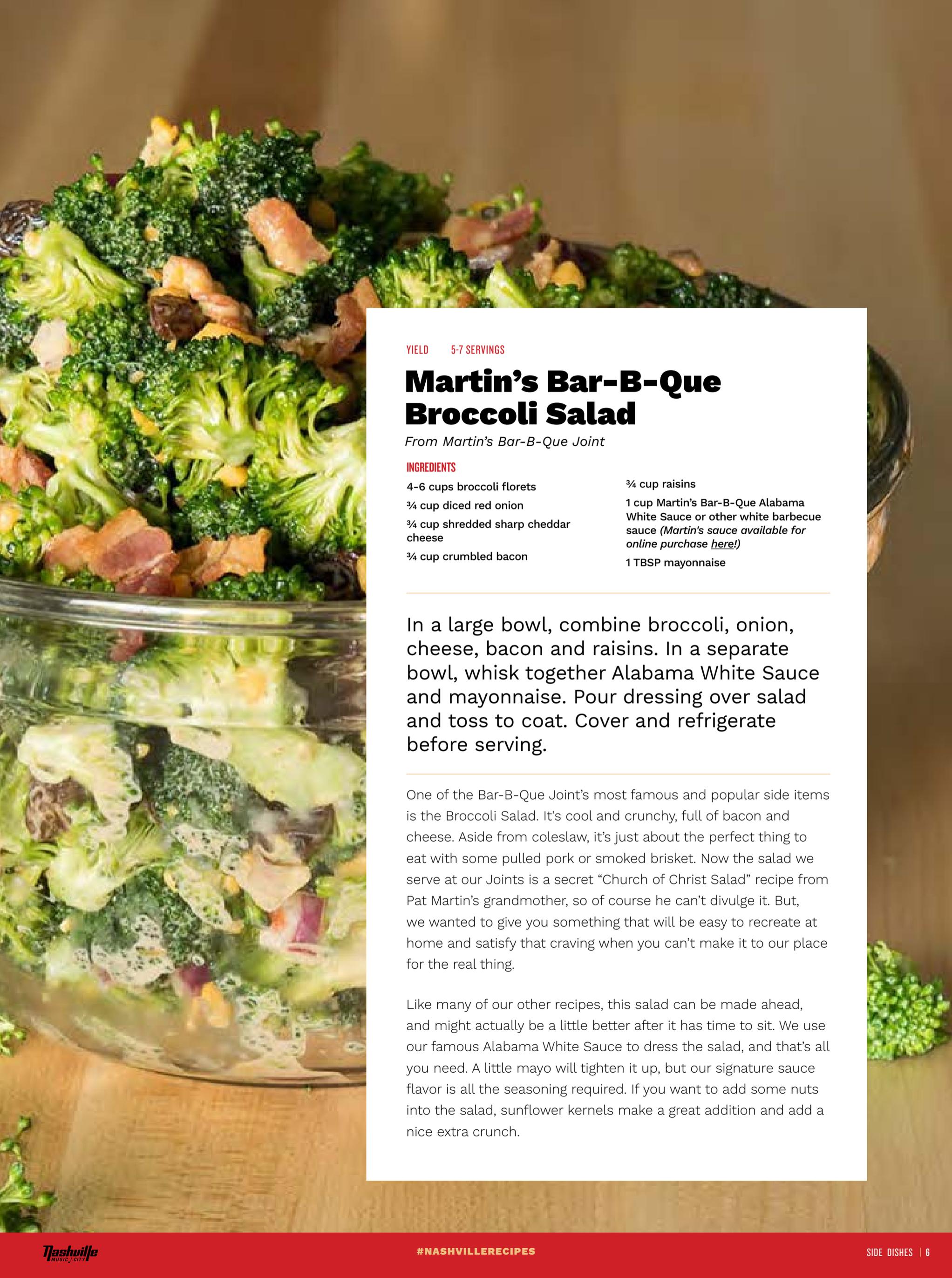
2 heads of broccoli
2 quarts canola oil
Zest of 2 lemons
Sea salt to taste

ALMOND GARLIC DIPPING SAUCE

½ cup whole almonds
¼ cup raisins
3 TBSP red wine vinegar
1 ½ TBSP Dijon mustard
1 shallot, roughly chopped
1 clove garlic, roughly chopped
½ cup olive oil
½ cup water
Juice of ½ lemon

Heat the oil in a frying pan to 375 degrees. Add broccoli and fry for approximately 30 seconds or until the edges appear crispy. Once cooked, remove and set on a paper towel. Top with fresh lemon zest and sea salt.

Mix all dipping sauce ingredients into VitaMix or food processor and puree until smooth.



YIELD 5-7 SERVINGS

Martin's Bar-B-Que Broccoli Salad

From Martin's Bar-B-Que Joint

INGREDIENTS

4-6 cups broccoli florets

¾ cup diced red onion

¾ cup shredded sharp cheddar cheese

¾ cup crumbled bacon

¾ cup raisins

1 cup Martin's Bar-B-Que Alabama White Sauce or other white barbecue sauce (*Martin's sauce available for online purchase [here!](#)*)

1 TBSP mayonnaise

In a large bowl, combine broccoli, onion, cheese, bacon and raisins. In a separate bowl, whisk together Alabama White Sauce and mayonnaise. Pour dressing over salad and toss to coat. Cover and refrigerate before serving.

One of the Bar-B-Que Joint's most famous and popular side items is the Broccoli Salad. It's cool and crunchy, full of bacon and cheese. Aside from coleslaw, it's just about the perfect thing to eat with some pulled pork or smoked brisket. Now the salad we serve at our Joints is a secret "Church of Christ Salad" recipe from Pat Martin's grandmother, so of course he can't divulge it. But, we wanted to give you something that will be easy to recreate at home and satisfy that craving when you can't make it to our place for the real thing.

Like many of our other recipes, this salad can be made ahead, and might actually be a little better after it has time to sit. We use our famous Alabama White Sauce to dress the salad, and that's all you need. A little mayo will tighten it up, but our signature sauce flavor is all the seasoning required. If you want to add some nuts into the salad, sunflower kernels make a great addition and add a nice extra crunch.



YIELD 5-7 SERVINGS

Peg Leg Porker Green Beans

From Carey Bringle of Peg Leg Porker BBQ

INGREDIENTS

6 cups green beans, trimmed and chopped into 1-inch pieces

2 cups water, plus more for boiling

2 tsp apple cider vinegar

¼ white onion, cut into slivers

¼ lb preferred bacon

2 tsp pepper

1 tsp salt, plus more for boiling water

Blanch green beans in well-salted boiling water until bright green in color and tender crisp, for about 5 minutes.

In a large casserole dish, add beans, 2 cups water, and apple cider vinegar. Then add onion, bacon, pepper, and salt.

Place in smoker, uncovered. Smoke for 3 hours. Serve alongside your favorite barbecue meal.

If you don't have a smoker, you could make them on a grill. Just add some soaked wood chips to your charcoal—or put the chips in a cast iron box, or even an aluminum box, on a gas grill.

“We make this dish by the hotel pan at the restaurant. It's something we started doing back when we were doing competition barbecue. One of our teammates wanted an alternative to baked beans, which was the expected side. As soon as we served them, people fell in love. Now the smoked green beans have become one of our biggest sellers in the restaurant. They are just like traditional Southern green beans, but by adding that smoke, we give another depth of flavor.” —Pitmaster Carey Bringle of The Peg Leg Porker in Nashville, Tennessee

YIELD 4 SERVINGS

Buffalo Cauliflower with Avocado Ranch

From Chef Jacob Strang's at Decker & Dyer at The Westin Nashville

CAULIFLOWER

1 head cauliflower, cut into florets

¼ cup apple cider vinegar

½ cup corn starch

¼ tsp salt

BUFFALO SAUCE

½ cup Frank's Red Hot sauce

1 TBSP butter

1 tsp garlic powder

AVACADO RANCH

¼ cup mayonnaise

¼ cup sour cream

¼ cup buttermilk

½ tsp dill, dried

¼ tsp parsley, dried

¼ tsp chives, dried

¼ tsp onion Powder

¼ tsp garlic Powder

1 ea. avocado, ripe

Splash Red Wine Vinegar

Salt & Pepper To Taste

For the ranch, place all ingredients into a blender or food processor and blend until well combined and smooth. Adjust seasoning as needed. Refrigerate until ready to use.

Toss the cauliflower florets in the apple cider vinegar and salt. Set aside.

In a saucepan over medium low heat, bring the Frank's Red Hot just to a simmer. Remove from heat and whisk in butter and garlic powder. Set aside.

In a heavy duty pot or deep fryer, heat oil to 350°F.

Drain the cauliflower, discarding the cider vinegar. Add the corn starch and toss until the cauliflower is well coated. Using a strainer, shake off the excess starch.

Gently add about half the cauliflower to the hot oil. Deep fry until golden brown, about 3 minutes. Carefully remove the cauliflower and place in a bowl. Fry the remaining cauliflower.

Add the Buffalo Sauce to the fried cauliflower and toss to coat.

Serve with the Avocado Ranch.





Roasted Cauliflower with Truffled Pea Pesto, Red Bell Essence & Feta Cream

Photo by Mark Boughton

YIELD 8 SERVINGS
PREP 1 HR
COOK 45 MIN

Roasted Cauliflower with Truffled Pea Pesto, Red Bell Essence & Feta Cream

From Chef Deb Paquette of *etch and etc.*

CAULIFLOWER

2 medium heads of cauliflower
1 TBSP truffle oil
1 TBSP vegetable oil
1 cup Marcona almonds for garnish

PEA PESTO

3 cup frozen green peas defrosted (we smoke ½ of the peas but this step may be omitted)
¼ lb unsalted butter, melted and warm
2 TBSP water
1 tsp salt
Pinch cayenne (opt)
2 TBSP truffle oil

FETA CREAM

8 oz. cream cheese
4 oz. feta cheese
2 TBSP olive oil
Juice and zest of 1 lemon
1 cup cauliflower, finely chopped

½ tsp regular grind black pepper

ROASTED RED BELL PEPPER SAUCE

2 medium red bell peppers
2 cup chopped tomatoes
6 cloves garlic, roughly chopped
¾ cup vegetable oil
¼ cup olive oil
½ tsp salt
2 tsp smoked paprika
Pinch of cayenne

Feta cream, roasted red bell pepper sauce and truffled pea pesto can all be made up to one day in advance and kept chilled.

Prepare sauces in advance and chill until ready to serve.

Feta Cream

In electric mixing bowl, cream the feta and cream cheeses until smooth. Add remaining ingredients.

Chill until 40 degrees until ready to spoon or place in a piping bag to make rosettes.

Roasted Red Bell Pepper Sauce

Pre-heat oven to 375 degrees.

Cut peppers in half and clean out the innards. Place on baking pan and set aside.

Place chopped tomatoes on small baking pan.

Roast both the peppers and tomatoes for about 20 minutes. *The peppers are done when you can see dark spots -you want them to be dark roasted and do not remove skins (adds great flavor!) The tomatoes are done when almost all of the liquid is cooked off.*

Meanwhile, place vegetable oil in small saute pan. When hot, cook the garlic until medium brown in color.

When all items are cooked, place tomatoes, peppers, and all remaining ingredients into blender and mix until very smooth.

Chill the sauce. Sauce can then be placed in a squirt bottle to drizzle.

Truffled Pea Pesto

Place all ingredients into blender. Mix until very smooth. If too thick, add a touch of water.

Chill to 40 degrees. Fill piping bag to make rosettes or just spoon on the plate.

Once sauces are chilled and ready to serve, prepare cauliflower. Once the cauliflower is roasted, plate the dish with the prepared sauces and top with cauliflower.

Roasted Cauliflower

Pre-heat oven to 450 degrees.

Clean and trim the cauliflower heads into 2" pieces. A bit of stem is nice for people who want to eat with their fingers!

Place the cauliflower in large bowl and toss with 2T vegetable oil and 1 tsp. salt; coat well.

Place cauliflower on sheet tray and roast until the tops are caramelized. Meanwhile, mix truffle oil and vegetable oil. This will be drizzled on top of cooked cauliflower.

Plate the dish!

Decorate the plate with the three sauces: add a few rosettes or spoon fulls of pea pesto and feta cream, then add dots or drizzle roasted red pepper sauce.

Place cauliflower on dish and drizzle with truffle oil mixture.

Garnish with toasted almonds and a few microgreens for color. Enjoy!



YIELD 6-8 SERVINGS

Poppy's Caviar

From Henrietta Red, Chef Julia Sullivan

2/3 cup thinly sliced scallions (about 5 scallions)
1/3 cup extra-virgin olive oil
1/3 cup red wine vinegar
1/3 cup finely chopped fresh dill
1/3 cup thinly sliced fresh chives
1/3 cup minced shallot
1 1/2 TBSP lemon zest
1/3 cup fresh lemon juice
1 tsp fresh garlic paste
1/3 cup chervil sprigs, divided
3/4 tsp kosher salt
1/2 tsp black pepper
4 cups sour cream
8 oz. Tennessee river paddlefish caviar or sturgeon caviar
1 (4 1/4-oz.) package water crackers

Step 1

Whisk together scallions, oil, vinegar, dill, chives, shallot, lemon zest, lemon juice, and garlic in a large bowl. Finely chop half of the chervil, and whisk into dressing. Season with salt and pepper, and whisk to combine.

Step 2

Divide sour cream evenly among 4 shallow bowls, making a well in center of each. Pour dressing evenly into wells.

Step 3

Dollop about 2 ounces caviar on edge of sour cream in each bowl, and garnish evenly with remaining chervil sprigs. Serve with water crackers.

To Note:

We used paddlefish roe from Kelley's Katch Caviar in Savannah, Tennessee.



Photo by Andrew Thomas Lee



White Cheddar Pimiento Cheese Dip

From 222: A Southern Eatery at The Country Music Hall of Fame® and Museum

6 oz. ($\frac{3}{4}$ cup) white cheddar (shredded)

6 oz. ($\frac{3}{4}$ cup) buttermilk cheddar (shredded)

$\frac{1}{2}$ cup mayonnaise

12 oz. (1 $\frac{1}{2}$ cups) roasted red pepper
(pureed in food processor)

$\frac{1}{2}$ tsp Sriracha

4 oz. ($\frac{1}{2}$ cup) soft American cheese (like Velveeta)

Salt and pepper to taste

Combine all ingredients thoroughly. Heat up in a small skillet until warm and melted. Serve with your favorite chips.



Cafe Roze Avocado Hummus

Cafe Roze Avocado Hummus

From Cafe Roze

INGREDIENTS

4 ripe avocados
½ cup navy beans or cannellini beans (cooked or canned)
½ tsp garlic, finely chopped
2 TBSP tahini
Zest of half a lemon
3 TBSP lemon juice
2 TBSP extra virgin olive oil
Salt to taste

Slice the avocados in half, remove pits and skins and scoop them into a food processor. Add the beans (drain and rinse if using canned), garlic, tahini, lemon juice and zest. Blend all ingredients until smooth and slowly add the olive oil and salt to taste.

Serve with pita or your favorite toasted bread.



Cafe Roze. Photo by Lisa Diederich Photography

YIELD 20, 2 OZ FRITTERS

Band Box Jalapeno Corn Fritters

From Nashville Sounds and Centerplate

INGREDIENTS

¾ cup sour cream
5 whole eggs
2 large jalapenos
1 scallion, chopped
¼ cup self-rising corn meal
1 ½ cup self-rising flour
4 cups grated cheese blend (cheddar/Monterey Jack)
2 TBS Chopped Fresh Parsley
¾ cup Shredded Whole Milk Mozzarella
¼ cup Shredded Parmesan
4 oz. Frozen Corn Kernel, defrosted
1 TBSP Kosher Salt
1 tsp Black Pepper, ground
3 qts Frying Oil (vegetable, peanut or canola)

In a large bowl combine the eggs and sour cream, whisk together until smooth.

Dice the jalapeno to 1/8" (remove seeds & veins for less spicy).

Add the jalapenos & remaining ingredients to the wet mixture and fold them together. You may need to use your hands so wash them good. DO NOT OVER MIX.

Use a spoon to form the batter into balls slightly larger than a golf ball and place on parchment lined trays. You may need to roll the fritters between your hands to make them round.

In a heavy bottom wide pot heat the oil to 325 degrees using a thermometer.

Carefully drop fritters into the oil and cook until golden approximately 3 ½ - 4 min.

Using tongs or a metal slotted spoon transfer the fritters to a plate or tray lined with paper towel. Serve immediately.

YIELD 6-8 SERVINGS

Bastion Nachos

From Bastion

NACHOS

12 to 16 oz. tortilla chips
(1 large bag)

One 3 to 4 lb smoked
or rotisserie chicken,
shredded (about 2 cups
of meat)

1 cup grated American
cheese

1 cup Bastion Queso,
warm

½ cup pickled jalapeño
slices

½ cup pickled red onions

½ cup sliced black olives

2 radishes, thinly sliced

½ cup chopped cilantro

½ cup sour cream

½ cup crumbled cotija
cheese

1 cup Raw Tomatillo
Salsa

Black Hot Sauce

BASTION QUESO (MAKES 2 CUPS)

1 cup whole milk

1 cup beer (nothing
hoppy)

2 TBSP pickled
jalapeño brine

1 lb Velveeta Queso
Blanco, shredded

RAW TOMATILLO SALSA (MAKES 2 CUPS)

1 pound tomatillos
(about 6 medium)—
husks removed, washed
and quartered

½ small white onion,
diced

1 large jalapeño pepper
(with or without seeds),
coarsely chopped

1 large garlic clove,
chopped

1 tablespoon kosher salt

2 teaspoons sugar

BLACK HOT SAUCE (MAKES 1½ CUPS)

11 small white onion, cut
into ½-inch slices

1 large poblano pepper

3 jalapeño peppers

3 serrano peppers

3 habanero peppers

1 bulb roasted garlic,
separated into cloves

1 tablespoon honey

Kosher salt, to taste

2 teaspoons sugar

Bastion Queso

In a large saucepan, combine the milk, beer and jalapeño brine. Bring to a simmer over medium-high heat, then whisk in the Velveeta until it's melted and glossy. Keep warm until ready to use.

Raw Tomatillo Salsa

In a blender, combine the tomatillos, onion, jalapeño and garlic. Stir in the salt and sugar and refrigerate until ready to use, up to 3 days.

Black Hot Sauce

Prepare a hot grill or preheat the broiler to high. Grill (or broil) the onions and peppers, turning frequently, until blackened all over, removing the smaller peppers as they're finished (the poblanos will take the longest). When the peppers are cool enough to handle, discard the stems and seeds (or leave the seeds in if you like a very spicy salsa). Transfer the peppers to a blender, add the garlic and honey and blend at high speed until the sauce is smooth; season to taste with salt. Refrigerate until ready to use, up to 1 week.

Nachos

Preheat the oven to 400°. Arrange half of the chips on a rimmed baking sheet. Scatter half of the chicken and American cheese over the chips. Repeat to form a second layer of chips, chicken and cheese. Bake until the cheese has melted, about 5 to 7 minutes.

Pour a generous amount of queso over the chips. Arrange the remaining toppings over the chips and serve with the tomatillo salsa and hot sauce on the side and/or drizzled over the chips.



Photo by Andrea Behrends



YIELD 4 SERVINGS

Onion Bisque

*From Capitol Grille in The Hermitage Hotel;
Executive Chef Derek Brooks*

FOR THE SOUP

2 TBSP unsalted butter
8 cups sliced yellow onions (cut all
the same size)
6 cups heavy cream
Salt & white pepper

FOR THE GARNISH

2 pc thick cut white bread
3 pc of sliced Brie cheese
4 pc bacon (chopped) cooked
4 TBSP chopped chives

Method for Soup

In a large sauce pot, add the butter to melt over medium heat. Once the butter has melted, add the onions to sauté over medium heat to avoid caramelizing them so that your bisque is white. Season lightly with salt and white pepper and, keep in mind, it is important to season as you add each ingredient to the soup. Next, add the heavy cream and, once again, season with salt and white pepper. Bring the heavy cream to a boil, then reduce and let simmer for 10 minutes. After your soup has simmered, remove from heat and carefully blend the soup to a smooth consistency in the blender. Season again, to your taste preference.

Method for Garnish

To assemble the grilled cheese, butter both sides of the bread and place the pieces of Brie cheese to fully cover the slices of bread. Toast the sandwich in sauté pan over medium-high heat, until golden-brown and delicious. Cut sandwich into four pieces, and place in center of the bowl. Place the chopped chives and chopped bacon on either side. Pour the soup around the garnish and enjoy.

ENTRÉES



YIELD 4-6

COOK TIME 20MIN (USING WAFFLE MIX) OR 8.5HRS (IF MAKING WAFFLE BATTER)

French Sunrise

From Stateside Kitchen in Dream Nashville

Cornmeal waffle topped with boneless fried chicken, Havarti, sunny-side egg, spiced honey

CORNMEAL WAFFLE BATTER

⅜ cup warm water

½ TBSP instant dry yeast

1 ½ cup warm milk

⅜ cup melted butter

¼ TBSP kosher salt

½ TBSP sugar

1 ¾ cup all-purpose flour

¼ cup cornmeal

2 eggs, separated

½ tsp baking soda

FRIED CHICKEN FLOUR

¼ gallon all-purpose flour

⅜ cup onion powder

⅜ cup granulated garlic

¾ TBSP cayenne

1 ½ TBSP smoked paprika

1 TBSP Poultry Magic

¾ TBSP kosher salt

SPICY HONEY

½ cup honey

4 tsp spicy bean paste

¼ TBSP salt

¾ TBSP Poultry Magic

ASSEMBLY

6 chicken breasts

6 slices of Havarti cheese

6-8 eggs, whisked

6 eggs, sunny side up

¼ cup whole milk

Cooking spray

Waffle batter

Spicy honey

Parsley, finely chopped

Canola oil

Cornmeal Waffle Batter (ingredients on the left) or find your favorite ready-to-make waffle mix:

Place water and yeast in a bowl and allow yeast to bloom (5 minutes). Add remaining ingredients except eggs and baking soda and mix together with a wire whisk. Cover and proof for 8 hours at room temp. Whisk egg whites until soft peaks form. Fold in egg yolks and baking soda to the whipped egg whites with a rubber spatula, be careful not to overmix.

Combine all ingredients for **Fried Chicken Flour**. Coat chicken breast in an egg wash (whisked eggs with a splash of milk) and then dip in cornmeal waffle batter.

In a deep-fat fryer, heat oil to 375°. You can also use a cast iron pan with a few inches of oil. Working in batches, fry chicken, a couple pieces at a time, until golden brown and a thermometer inserted into chicken reads 165°, about 7-8 minutes on each side. Drain on paper towels.

Reheat waffle iron and spray with non-stick cooking spray once pre-heated. Pour mix onto hot waffle iron. Cook until golden brown.

Place chicken on top of waffle.

Place a slice of Havarti cheese on top of the fried chicken.

Fry a sunny side up egg and place on top of the cheese.

Drizzle the spicy honey over the top and garnish with chopped parsley!



Fresh Pasta with Spring Veggies

From Sinema Restaurant & Bar; Executive Chef Kyle Patterson

FOR THE SOUP

- 2 TBSP chopped garlic
- 1 cup grated parmesan
- ½ cup good olive oil
- ½ cup snap peas
- 3 oz. chopped basil
- 4 oz. cherry tomatoes
- 4 oz. mushrooms
- 6 oz. cooked fresh pasta
(boxed will work in a pinch)
- Salt to taste
- Black pepper to taste

In a pan add olive oil over medium heat. Add garlic, mushrooms and tomatoes and sweat until tomatoes start to blister. Add snap peas and cook until tender. Add pasta and basil and toss until pasta is hot and then finish with chopped basil, cheese, salt and pepper and serve. Serves 2.



YIELD 3 QUARTS

Pumpkin Seed Risotto with Seared Scallops

From E3 Chophouse Nashville; Executive Chef Eric Zizka

Two u10 scallops

1 TBSP olive oil

Pinch of salt and pepper

RISOTTO

5 oz. pumpkin seeds, roasted, chopped

3 oz. heavy cream

1 oz. parmesan Reggiano

1 TBSP butter, unsalted

MAPLE FOAM (OPTIONAL)

Co2 canister and Co2 dispenser

1 cup heavy cream

1 oz. maple syrup

PECAN CRUMBLE

2 oz. pecans

2 TBSP sugar

1 TBSP butter

Lightly sear scallops in a hot pan with heated olive oil. Salt & pepper to taste.

Roast pumpkin seeds at 350 for 5 minutes or until golden brown, lightly chop then add to saute pan with cream and cook on low until seeds are softened and the cream is reduced. Add parmesan and butter to thicken. Salt to desired taste and place in center of the plate.

Pumpkin Oil

Olive oil drained off of roasted seeds and drizzle around outside of the plate.

Maple Foam (optional)

Mix heavy cream and maple syrup, add to Co2 canister and shake well. Then squeeze two dollops on each end of plate.

Pecan crumble

Boil pecans in water for 2 minutes, then take out and strain, toss with melted butter and sugar, bake for 5mins, crush pecans and crumble over scallops.



YIELD 2-3 SERVINGS

Udon and Native Summer Zucchini Noodles

From Chef Max Knoepfel and the Centerplate Team at the Music City Center, Nashville

SUMMER RATATOUILLE

6 oz. fresh corn kernels
4 oz. edamame
3 oz. black eyed peas
2 oz. diced red bell pepper
2 oz. diced Vidalia onion
1 pinch kosher salt
1 pinch cracked black pepper

NOODLES

12 oz. cooked udon noodles
12 oz. sautéed fresh farm zucchini
“noodles”

DRESSING

2 oz. white balsamic vinegar
½ oz. Dijon mustard
4 oz. extra virgin olive oil
1 pinch kosher salt
1 pinch cracked black pepper

GARNISHMENT

12 baby heirloom tomatoes
2 oz. micro cilantro greens

Mix everything together
and enjoy!



Drunken Noodles

From Thai Esane

2 cups thick rice noodles
1 TBSP dark soy sauce
1 ½ TBSP oyster sauce
1 TBSP sugar
1 TBSP minced garlic
3 oz. protein of choice
(chicken, shrimp, beef,
pork, tofu, etc.)
1 oz. yellow onions
½ red bell pepper
½ green bell pepper
Broccoli, if desired
10 basil leaves

Blanch rice noodles for two minutes.

Strain noodles to dry.

Heat ½-ounce vegetable oil in pan, then add minced garlic and stir fry for 30 seconds or until golden brown.

Add protein of choice to pan and let cook partially for about 2 minutes.

Add vegetables, oyster sauce and sugar and cook until protein is cooked through.

Add noodles to pan and toss with thick soy sauce.

Once the noodles are mixed thoroughly, add basil. Serve immediately.



YIELD 3 QUARTS

Titans Game Day Slow-Cooker Chili

From the Tennessee Titans

Missing the excitement of Titans game days? Start practicing this simple chili recipe now to get ready for football season! It'll be the perfect addition to your Nissan Stadium tailgate or home watch party while our Titans are on the road. With just a few ingredients and a good slow cooker, this recipe is an easy touchdown.

2 lb ground beef

2 (16 oz.) cans kidney or pinto beans

2 (8 oz.) cans tomato sauce

1 or 2 onions, chopped

1 green bell pepper,
chopped (optional)

2 TBSP chili powder

1 TBSP salt

1 tsp garlic powder

1 tsp pepper

Brown the ground beef in a skillet, stirring until crumbly; drain.

Combine the ground beef, undrained beans, tomato sauce, onions, bell pepper, chili powder, salt, garlic powder and pepper in a slow cooker and mix well.

Cook, covered, on low heat for 7 to 8 hours or on high heat for 4 to 5 hours. Ladle into chili bowls.



Lobster Salad

From SoundWaves at Gaylord Opryland Resort & Convention Center

1 lbs. lobster meat, cooked
1 ½ cup mayonnaise
1 lemon, juiced
1 ½ TBSP Old Bay seasoning
½ cup small diced celery
3 TBSP Dijon mustard
2 TBSP finely chopped chives
Bibb lettuce (or shredded lettuce)
Top-cut hotdog buns

Roughly chop lobster meat into smaller bite-sized pieces. If using frozen lobster, be sure to drain any excess liquid.

In a mixing bowl, add all ingredients except lettuce and mix until thoroughly combined.

You may adjust amount of lemon juice and Old Bay seasoning to your liking.

Refrigerate until served. Then, butter both sides of the bun and grill until golden brown.

Place lettuce inside the bun and add desired amount of lobster salad.

Sprinkle with chives and serve with wedge of lemon for garnish.

“Piggywich” Grilled Cheese

From 222: A Southern Eatery at The Country Music Hall of Fame® and Museum

CHEESE SAUCE

1 ½ cups American style melting cheese (like Velveeta)

2 TBSP milk

Dash Sriracha

VINEGAR SLAW

1 bag of shredded cabbage & carrot OR 1 head green cabbage and 1 carrot, shredded

⅓ cup apple cider vinegar

3 TBSP olive oil

1 TBSP honey

¼ tsp salt

PULLED PORK

1 pork butt (5 to 8 lbs.)

3 to 4 oz. favorite barbecue seasoning

ASSEMBLY

2 slices Texas Toast

2 TBSP melted butter

2 slices sharp white cheddar (or your favorite)

2 slices Muenster

2 TBSP cheese sauce

3 oz. (¼ cup + 2 Tbsp) pulled pork

1 TBSP barbecue sauce (your favorite)

3 TBSP Vinegar slaw

Cheese Sauce

In a saucepan over medium-low heat, combine all ingredients and stir occasionally until all the cheese is melted and combined.

Vinegar Slaw

Add ½ dressing to the shredded cabbage and carrots in a bowl. Toss gently. Add the remainder slowly until desired consistency achieved.

Pulled Pork

Rub pork butt with barbecue seasoning. Put in smoker or grill and cook at 250 to 300 degrees. If using an oven, wrap with foil and cook at 250 to 300 degrees. Cook 8 to 10 hours or until meat pulls apart. Remove, allow to cool slightly and pull meat. Season with salt and pepper to taste.

Preheat oven to 375 degrees F. Preheat a skillet over medium heat. Brush both sides of both slices of bread with butter. Toast one side on the skillet. Flip both slices over and put the sliced cheese on both bread slices. Top one slice with pulled pork, barbecue sauce, cheese sauce, and slaw. Top with the other cheesy bread slice. Place the entire messy affair in the oven to finish. Enjoy!



YIELD 12 HOT CHICKEN TENDERS

Hot Chicken Spice & Tenders

From Nashville Sounds and Centerplate

4 cups all purpose flour
½ cup Hot Chicken Spice divided
6 whole eggs
12 jumbo fresh chicken tenders
1 cup olive or canola oil
2 qts frying oil (peanut, canola or vegetable)
¼ cup Hot Chicken Spice (for finishing)

HOT CHICKEN SPICE

½ cup Cajun spice
1 TBSP cayenne
4.5 TBSP jalapeno powder
¾ cup dark chili powder
4.5 TBSP Old Bay
2 tsp granular garlic
2 tsp granular onion
3 tsp ground black pepper
1 TBSP season salt
1 TBSP dark brown sugar
½ cup Hungarian paprika
Mix together well & store in an airtight container

In a shallow pan or zip top bag combine the flour and ¼ cup of hot chicken spice.

In a shallow pan or a bowl crack and whisk the eggs until blended.

In a heavy medium sized pot heat the 2 qts of fry oil carefully. Use a thermometer to hold the temperature at 325 degrees.

Dredge the chicken in the flour, shake then dip in the whisked egg. Transfer back into the flour and coat well. Shake off excess flour and allow them to sit on a tray or plate for 3-4 minutes.

In a small sauce pot heat the 1 cup of oil to 200 degrees, remove from heat and carefully whisk in the second ¼ cup of hot chicken spice. Set aside and allow to cool.

Carefully lower the breaded tenders into the 325 degree oil SLOWLY until all 12 have been added.

Fry for 3 ½-4 minutes or until golden brown and internal temperature reaches 165 degrees.

Remove from the pot using tongs or a metal slotted spoon and transfer to a plate or tray lined with paper towel.

Dip each tender into the hot chicken oil mixture OR toss in a bowl. Transfer the tenders to slices of bread or onto a plate. Sprinkle the remaining ¼ cup of hot chicken spice over the chicken.



YIELD 6-8 SERVINGS

Honey Butter Chicken

From Chef's Market

INGREDIENTS

6 chicken breasts

1 quart buttermilk

1 tsp paprika

1 tsp salt & pepper

4 cups flour

1 TBSP corn starch

1 TBSP salt & pepper

4 large eggs

1 cup water

4 cups panko

1 ½ TBSP dried parsley

HONEY BUTTER SAUCE

1 lb honey

½ lb butter

1 tsp lemon juice

1 pinch cayenne pepper

Preheat fryer & oven to 350 degrees.

Whisk buttermilk, paprika and teaspoon salt & pepper. Pour over chicken & marinate at least 15- 20 minutes.

Combine flour, corn starch and tablespoon salt & pepper.

Dredge the chicken breasts in the flour & press firmly to ensure the entire breast is coated in flour. Shake to remove excess flour.

Prepare egg wash with eggs & water. Place the chicken breasts in the egg wash making sure the entire breast is covered with egg. Gently shake off excess.

Mix panko & dried parsley. Place chicken breasts into mixture pressing firmly to get an even coating.

Deep fry chicken until golden brown. Place in oven for approximately 10 minutes or until it reaches 165 degrees.

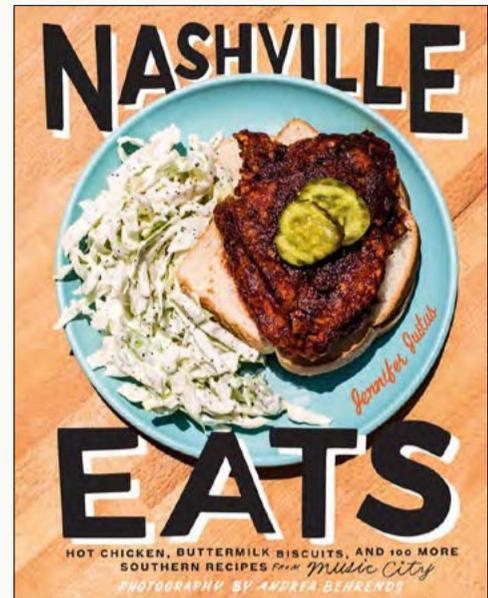
Simmer all ingredients for Honey Butter Sauce over medium heat in a small saucepan. Serve warm over chicken.

YIELD ONE PIE

Tomato Pie

From Jennifer Justus of Nashville Eats Cookbook

I have seen—and loved—tomato pies made with spoonfuls of mayonnaise, cheddar cheese, and Ritz crackers crumbled on top. I'm certainly not going to disparage those buttery Ritz jewels. My mother and I would often work our way down a wax-paper sleeve of them with a Coke, our version of taking afternoon tea.



Still, I'd rather crackers not cover up the wrinkled, roasted beauty of the tomatoes in this pie. I also like mixing tomato types and sizes to create a palette of colors on top. And with pieces of bacon, a little mayonnaise (but not too much), and basil leaves, it's like an amped up BLT wrapped in the charm of pie.

2 lbs (910 g) medium-sized tomatoes in various colors

½ tsp fine kosher salt

½ cup (120 ml) mayonnaise

½ cup (60 g) shredded sharp white cheddar cheese

¼ cup (30 g) grated Parmesan

1 (9-inch/23-cm) piecrust, store-bought or homemade

¼ tsp freshly ground black pepper

5 to 6 slices thick-cut bacon, fried crisp and broken into small pieces

10 basil leaves

Handful of cherry tomatoes in various colors

4 thyme sprigs

Slice the large tomatoes into rounds 1/4 inch (6 mm) thick and place them on paper towels. Let them sit for about 10 minutes, then flip them over onto fresh paper towels and sprinkle them with the salt. Let them sit about 10 minutes more. You don't want them to be too juicy before baking, because that could make your pie too soupy.

Preheat the oven to 400°F (205°C).

Prepare the filling by combining the mayonnaise, cheddar, and Parmesan.

Arrange a layer of tomatoes in the bottom of the piecrust. Sprinkle on the pepper, half of the bacon, layer on five of the basil leaves, and spread half of the mayonnaise mixture over the basil. Repeat, ending with a final layer of sliced tomatoes, placed so that you can fit the cherry tomatoes on top as well. Scatter the thyme sprigs across the top of the pie.

Bake the pie for about 30 minutes. Then fold strips of aluminum foil around the rim of the pie to keep the edges from turning too brown and continue baking for another 15 minutes. Allow the pie to cool before serving it.

Whole Hog BBQ Sandwich

From Martin's Bar-B-Que Joint



RUB

1 cup kosher salt
2/3 cup light brown sugar
1/2 cup white table sugar
2 TBSP lemon pepper
2 TBSP mild paprika
1 TBSP chili powder
1 TBSP black pepper
1 tsp cayenne

BOSTON BUTT

8-10 lb Boston Butt, bone in

SANDWICH BUNS

1 TBSP butter
Potato roll buns

SLAW

1 head of green cabbage, cored
4 oz. carrots, stems removed
1/4 cup apple cider vinegar

1 cup mayo

3 TBSP light brown sugar

1/4 tsp kosher salt

3 TBSP Dijon mustard

1/2 TBSP celery seed

1/8 tsp cayenne pepper

1/4 cup whole buttermilk

1/2 TBSP coarse ground pepper

1/4 tsp garlic powder

Step 1

Rub: Mix all ingredients together in a bowl.

Step 2

Boston Butt: The night before cooking your Boston butt, generously put rub over the meat and set it aside in a dish in the refrigerator. This puts a semi-cure on the meat which will help the cooking process. Putting in the refrigerator overnight allows the meat to be at its coldest, which will allow it to take on the smoke flavor. The cooler the meat, the more smoke flavor you can have. Be prepared to cook your Boston butt for an hour to an hour-and-a-half per pound.

Step 3

In the morning, open the grill and start a fire on one side with a charcoal chimney (available at any hardware store). Using hardwood charcoal is preferred as lumps turn to ash too quickly and lighter fluid is not recommended because it will give the meat a chemical taste. Break the coals down to grey coals.

Step 4

Off to the side, you'll want to keep a fire going to burn coals. Don't ever put cold coals in the smoker. Every hour, put fresh coals in to burn down and put in the smoker. Once coal bed is burning, take fist size chunks of fresh hickory wood (you can find this at Home Depot) and put two to three on top of coal bed. Place the Boston butt on the other side of the grill. You can put a small pan with water to add humidity (which is recommended on a windy, dry day). Keep an eye on it and if the water is running out, refill it. Don't worry about using wine or apple juice to add flavor, it won't. You'll want to cook the Boston butt at 225 degrees with a minimum internal temperature of 190 degrees.

Step 5

It's helpful to note that you won't want to touch the bone when taking the temperature because it won't read correctly. It's critical that when you put the lid on, align the holes with the Boston butt. This is because heat rises and will travel over the meat to get out for an even cook. All grills have a damper at the bottom and the top.

Make sure the top is open at all times, while opening and closing the bottom until you reach 225 degrees. It will take one to two hours to tame heat. If it goes above 225, leave it alone and let it cool down on its own. Don't, open it! Once the temperature is settled, you'll keep the dampers where they are. If temperature falls, add more coals not air. Be sure to maintain the temperature give-or-take 25 degrees. The biggest mistake that can be made is letting it spike and fall too much.

Step 6

Every two hours rotate the Boston butt a quarter turn horizontally. At the half way point (five hours) it should be flipped over from bottom to top. Once you flip your Boston butt, there is no reason to keep adding wood because it's taken on as much smoke as it's going to get. Instead, keep adding burned coals for heat. When the Boston butt is done, let it rest, wrapped in paper towels (aluminum foil is not recommended because it will continue to cook) in a Yeti cooler at room temperature. The longer it rests, the more flavor is enhanced. While the Boston butt is resting, prepare everything else for dinner including the buns and slaw for the sandwich.

Step 7

Slaw: Cut cabbage and carrots into chunks that will fit in your food processor. Add green cabbage to food processor and pulse until texture of confetti. Remove cabbage to a mixing bowl. Repeat with carrot. Add to bowl with cabbage, toss to mix, and refrigerate until serving time. Add all ingredients to a clean mixing bowl and whisk until fully mixed. Refrigerate until serving time. Before serving, add dressing to carrot/cabbage mixture and mix thoroughly.

Step 8

Sandwich Buns: Melt the butter and brush it on the potato rolls. Place buns in lightly oiled cast iron skillet until lightly toasted.

Step 9

Assembling the Sandwich: Flip your Boston butt backwards and use a large serving fork to shred the meat. Take four ounces of meat (about the size of a baseball) and put it on your toasted bun. Top it with slaw and your favorite Martin's sauce.

DESSERTS





YIELD | 1 PIE

Banana Creme Pie with Christie Cookie Crust

From Hattie B's Hot Chicken

2 very ripe bananas

1 cup + 1 TBSP heavy cream

¼ cup milk

½ cup sugar

½ tsp kosher salt

2 TBSP cornstarch

3 egg yolks

1 tsp powdered gelatin

6 TBSP unsalted butter (divided)

25 drops McCormick's yellow food coloring

1 cup confectioner's sugar

10 Christie Cookies (Nashville Hot)

MERINGUE

1 cup liquid egg whites

¼ cup granulated sugar

1 TBSP vanilla extract

Melt 3 tablespoons of butter in a sauce pan. Set aside and let cool at room temperature.

The very ripe bananas, 1/3 cup of cream, milk, sugar, salt, cornstarch, and egg yolks go into a blender. Puree until smooth.

Put the mixture in a medium-size saucepan. Clean the blender.

Bloom the gelatin in cold water. You will only need about 3 tablespoons of cold water. Sprinkle the gelatin on top of the surface of the water, do not dump it in or it will not bloom properly.

Whisk the mixture over medium-low heat. As the banana mixture heats up, the color will darken and the cornstarch will thicken.

When the mixture comes to a boil, continue whisking for 2 more minutes. The mixture will resemble glue, bordering on cement, with a color to match.

Dump the contents of the pan into your clean blender. Add the melted butter and the gelatin and puree until the mixture is smooth and completely incorporated.

Color the mixture with yellow food coloring until it is bright, cartoon- banana yellow. If you don't add the food coloring the end result will be an off-white/tan/gray/ brownish color that's not appealing and that doesn't resemble the color of a banana. It usually takes about 25 drops. Blend until food coloring is completely incorporated.

Transfer the contents of the blender to a container. Cover the surface with plastic wrap to prevent any skin forming, and refrigerate for 30-60 mins or as long as it takes to cool the mixture completely.

Using a whisk, whip the remaining 3/4 cup of cream and confectioners' sugar in a mixing bowl until medium-soft peaks form. Then add the cold banana mixture straight into the mixing bowl and whisk until banana and creme mixture come together.

Make Crust: Melt remaining 3 tablespoons of butter in a sauce pan.

Using a food processor, pulse Christie Cookies thoroughly. Next add the melted butter until completely incorporated.

Meringue

Be sure mixing bowl and whisk are clean and free of oily residue, and fit on stand mixer.

Add egg whites and beat on medium for 30 seconds, or until frothy.

Stop mixer and add sugar and vanilla extract.

Mix at medium speed until sugar is incorporated, then increase speed to high and continue beating until whites are voluminous and shiny, with stiff peaks.

Use immediately or cover and refrigerate up to 30 minutes.

Assembly

Take the Christie Cookie crust and pad the mixture evenly across your pie dish. Using a one cup measure, press the mixture so that it is evenly distributed.

Pour a quarter of the banana creme into the cookie pie shell and spread it around with a rubber spatula

Top the creme with a nice, full layer of slice bananas (2 bananas).

Take the rest of the banana creme and layer this on top of the sliced bananas.

Take another 2 bananas and layer them around the top.

Top the pie with the meringue, and torch the meringue so that it has golden brown peaks.

Refrigerate until completely cold.



YIELD 4 SERVINGS

Christie Cookie's Layered Cookie Jars with Fresh Strawberries & Fresh Mint Whipped Cream

From The Christie Cookie Co.

8 Christie Cookie chocolate chip cookies, chopped

1 ½ cups sliced fresh strawberries

2 TBSP granulated sugar

Fresh mint whipped cream

WHIPPED CREAM

½ cup loosely packed fresh mint leaves

1 cup heavy whipping cream

The day before, place fresh mint leaves into one cup of heavy whipping cream and store in refrigerator for 8-12 hours to allow flavor to infuse.

Strain cream and whip using a stand mixer or handheld mixer and beat until stiff peaks form.

Toss berries & granulated sugar together in a medium bowl.

Wash & dry four wide-mouthed half-pint mason jars. Divide the chopped cookie pieces by four and layer the jars with cookies, berries, and whipped cream until full. Garnish with fresh mint & enjoy!

YIELD ONE 9"X13" PAN

Cluster Buster Bars

From the Goo Goo Shop

What do you get when you combine rich brownies, decadent blondies, and Peanut Butter Goo Goo Clusters? A Cluster Buster Bar!

BROWNIE BATTER

1 ¾ cups dark chocolate
1 cup butter, softened
1 cup dark brown sugar
¾ cup granulated white sugar
1 tsp salt
4 eggs
1 cup all-purpose flour
⅓ cup cocoa powder

BLONDIE BATTER

¾ cup butter, browned
1 cup light brown sugar
¾ cup granulated white sugar
2 eggs
1 ½ tsp vanilla extract
1 TBSP baking powder
2 TBSP salt
2 ½ cups all-purpose flour
3 Peanut Butter Goo Goos,
roughly chopped

Brownie Batter

Melt and combine chocolate and butter over a double boiler.

Cream sugars and eggs until light and fluffy.

Slowly stream in butter and chocolate mixture until combined.

Whisk together flour and cocoa.

Add to wet mixture until just combined.

Spread into bottom of prepared pan and set in refrigerator while making the next recipe.

Blondie Batter

Cream together cooled brown butter and sugars until light and fluffy.

Slowly add in eggs and vanilla.

Sift together baking powder, salt, and flour.

Add to wet mixture until just combined.

Fold in chopped Peanut Butter Goo Goos.

Spread blondie batter across top of chilled brownie batter.

Bake 350F for 35-40 minutes, until inserted toothpick comes out clean.



CAFÉ 29

Maxwell House Muffins

From Cheekwood Estate & Gardens

One of the family businesses of the Nashville-based Cheek family was the Cheek-Neal Coffee Company, creators and brewers of **Maxwell House Coffee and Tea**. The specialty blend was named after and marketed by the best hotel in Nashville, the Maxwell House. The success of the brand launched the local business into nation-wide production and is said to have captured the attention of President Theodore Roosevelt, who exclaimed that it was “good to the last drop!” Cheek-Neal was created by Joel Cheek, the cousin of Leslie Sr.’s father C.T. Cheek. C.T. had been an early investor, and Leslie Sr. bought stock as well. In 1928, the Postum Company, later renamed General Foods, purchased Cheek-Neal Coffee Company for \$45 million. As an investor, Leslie Sr.’s fortune quickly expanded, likely also expanding his plans for Cheekwood.

BATTER

6.5 oz. all purpose flour
½ tsp baking soda
¼ tsp baking powder
½ tsp salt
5 oz. butter room temp
6.5 oz. white sugar
2 eggs room temp
5 oz. sour cream
1 tsp vanilla

MIDDLE

2 oz. brown sugar
1 tsp cinnamon

TOPPING

2 oz. all purpose flour
2 oz. brown sugar
2 oz. oats dry
¼ tsp cinnamon
1 oz. Maxwell House
Coffee, ground
2 oz. cold butter ½" cube

Mix dry ingredients set aside. Cream butter & sugar till creamy. Mix eggs 1 at a time then add sour cream & vanilla, mix till blended. Add dry ingredients lightly blend. Add 1 scoop of batter (ice cream scoop will work) to buttered (or use liner) muffin pan, sprinkle the "middle" sugar, top with 1 scoop of batter then top with the topping. Bake at 350° 20-30 minutes till baked through.

Mix topping ingredients in butter until it becomes a crumble. Sprinkle on top.

BEVERAGES





Bourbon Fruit Tea Punch

From Tailor

6 black tea bags or 3 TBSP
loose black tea

½ cup sugar

¾ cup fresh orange juice

¾ cup pineapple juice

½ cup plus 2 TBSP fresh
lemon juice

1½ cups bourbon
(such as Buffalo Trace)

Mint sprigs and lemon
wheels (for serving)

Brew tea in 2 cups boiling water in a teapot or measuring glass 5 minutes. Remove tea bags; discard. Add sugar to tea; stir to dissolve. Let cool 10 minutes, then transfer to a pitcher. Add orange, pineapple, and lemon juices and 4 cups cold water; stir well to combine. Chill fruit tea until cold, at least 2 hours, or cover and chill up to 2 days.

To make cocktails, pour 1½ oz. bourbon into each of 8 ice-filled glasses. Add 6 oz. fruit tea to each and stir to combine (you may have tea left over). Garnish with mint sprigs and lemon wheels. Alternatively, combine 6 cups fruit tea and 1½ cups bourbon in a pitcher. Pour among 8 ice-filled glasses; garnish.

Field of Dreamsicle

From Nashville Sounds and Centerplate

3 oz. Pickers Blood Orange Vodka
1-5 oz. Triple Sec
3 oz. orange juice concentrate
3 oz. vanilla ice cream
1 pint glass full of ice

Add all ingredients to blender, reserving ¼ glass of ice. Blend on high for 30 seconds. Taste. If too sweet, or not “frosty” enough, add remaining ice and blend again. Garnish with orange wheel.

Frozen Dickel and Cola

From Nashville Sounds and Centerplate

2 oz. George Dickel Tennessee Whisky
12 oz. can of cola

Pour cola into ice cube tray, freeze. Add all cola cubes and 2 oz. George Dickel to blender. Blend for 30-45 seconds.

Bonus Step! Add an extra 1 oz. of George Dickel Whisky. Why not!





A Fresh Start

From Stateside Kitchen, Dream Nashville

2 oz. Lillet Blanc

1 oz. Green Chartreuse

½ oz. Beefeater Gin (can be substituted with any gin)

1 oz. fresh lime juice

½ oz. simple syrup

Add muddled mint for an extra burst of flavor. Put all ingredients in a shaker with ice. Shake. Strain into a martini or coupe glass. Enjoy!



Jack's Mule

From the Oak Bar in the Hermitage Hotel

1 ½ oz. Single Barrel Jack Daniel's

½ oz. lime juice

½ oz. ginger juice

2 oz. ginger ale

Glassware: Copper mug

Garnish: Lime

Mix all and enjoy!



For the Good Times

From Skull's Rainbow Room

2 oz dark rum
½ oz "Mai Tai syrup"
(raw sugar, vanilla, salt)
2 dashes Angostura bitters
2 dashes plum bitters
Rock candy garnish

At Skull's Rainbow Room, we always try to have fun doing variations on classics. In this case, we broke down the old fashioned and did it with rum. This is a great introduction to an old fashioned for those with a sweeter palate. Appropriately named "For the Good Times," we will have this drink ready and waiting for you when the good times return at Skull's Rainbow Room!



YIELD FOR A CROWD

Frist Art Museum's Famous Fruit Tea

From Frist Art Museum

Though the exact origins of this now Nashville staple remain unclear, Fruit Tea (sometimes referred to as Fruit Tea Punch) has been served in Music City since the '60s. Made with sweet tea and an assortment of fruit juices, this sometimes syrupy concoction is sold at restaurants, museums, and cafes throughout the city - by the glass and by the gallon!

1 gallon freshly brewed tea

2 cups sugar

2 ½ cups cranberry juice

3 cups pineapple juice

1 ½ cups orange juice (no pulp)

Brew the tea.

While it is still warm, add sugar and stir until dissolved.

Stir in cranberry and pineapple juice.

Add orange juice last.

Mix well.

Refrigerate and serve over ice.

SoundWaves Lil' Off Key Cocktail

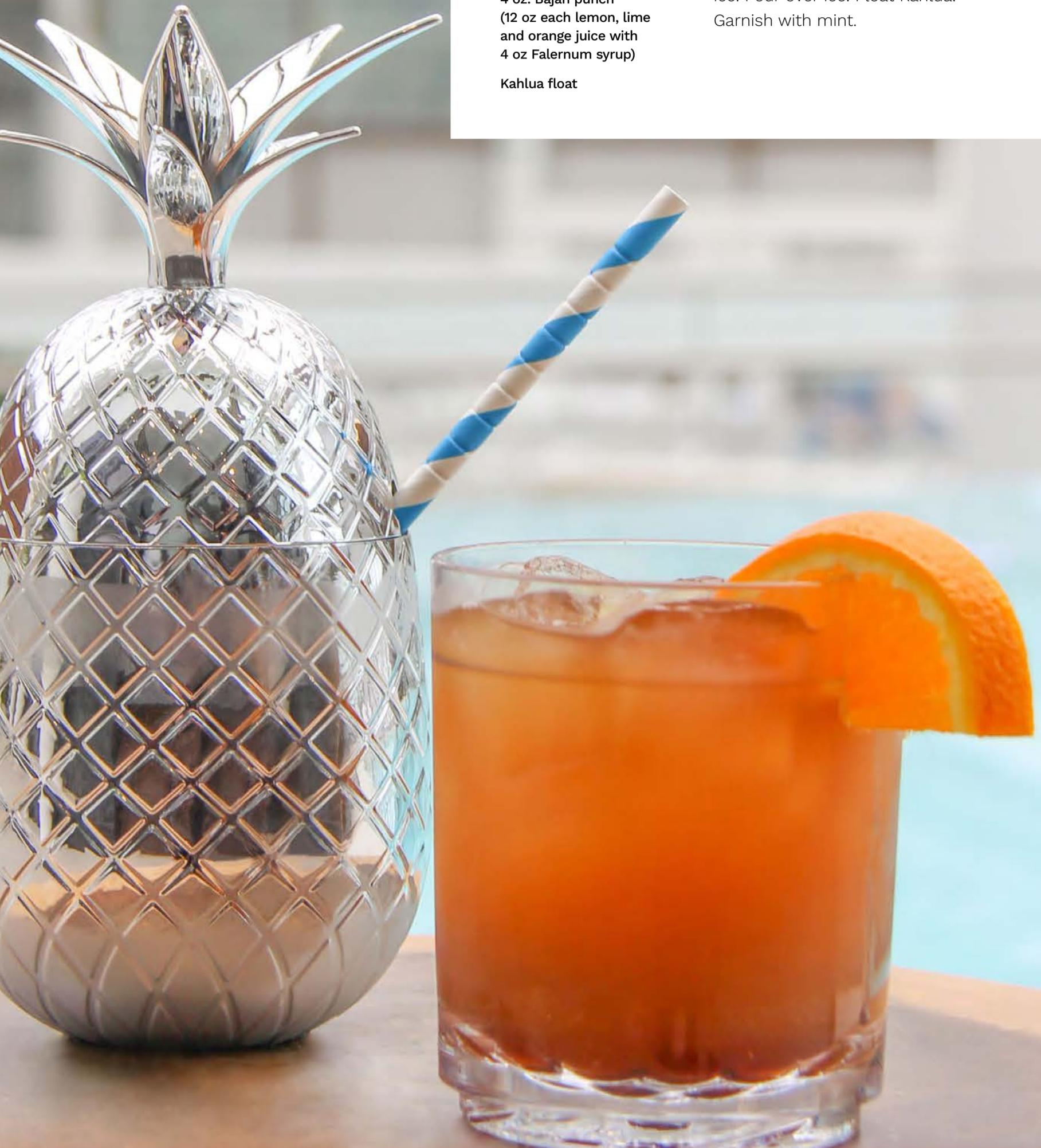
From SoundWaves at Gaylord Opryland

1 ¼ oz. Maker's Mark

4 oz. Bajan punch
(12 oz each lemon, lime
and orange juice with
4 oz Falernum syrup)

Kahlua float

Shake the first two ingredients with
ice. Pour over ice. Float Kahlua.
Garnish with mint.





Frothy Monkey's Irish Coffee

From Frothy Monkey

1 oz. FM demerara syrup

1-5 oz. Your favorite Irish whiskey (We recommend Jameson Caskmates Stout Edition)

8 oz. Your favorite FM coffee (We recommend our 12 South Blend as it notes of chocolate and caramel pair well with Irish whiskey.)

1-2 oz. fresh whipped cream

Prepare your coffee. Drip coffee works well but you can also use a double shot of espresso diluted with water.

While your coffee is finishing brewing, prepare your fresh cream. You can add 3-4 ounces to a mason jar and shake with a closed lid for several minutes. Or whisk the cream by hand or using an electric mixer. The cream should not be too stiff, it should be light and fluffy but still pourable. (*Irish coffees use unsweetened cream but if you want it sweet you can add 1 teaspoon of the demerara syrup and ¼ teaspoon of vanilla extract before whisking*).

In your favorite 12 oz mug or heat proof glass combine your coffee, FM demerara syrup, and Irish whiskey and give it a little stir.

Float a couple ounces of fresh whipped cream on top of your coffee. *TIP:* Pour the cream over the back of a spoon. This should give you a clean layer of cream atop your coffee.

Variations

Iced Irish coffee: Switch out your hot coffee for some cold brew and ice.

Try different flavors: Switch out the demerara syrup for a flavored one. FM banana and FM vanilla syrups are some of our favorites!



Patsy's Peach Punch

From Nudie's Honky Tonk

1 ½ oz. Smirnoff Peach Vodka

3 oz. orange juice

1-2 oz. Sprite

This refreshing cocktail is perfect for a warm day. Patsy's Peach Punch is named after iconic county singer Patsy Cline, who herself was a fan of fashion designer Nudie Cohn, our namesake. Interesting note: Patsy Cline, along with her mother Hilda, were both excellent designers in their own right and made many of Patsy's costumes!

Stir all ingredients and pour over ice.

222: A Southern Eatery at The Country Music Hall of Fame and Museum

222 5th Ave S, Nashville, TN 37203
615-416-2074
www.countrymusichalloffame.org/
222-eatery

Bastion

434 Houston St STE 110,
Nashville, TN 37203
615-490-8434
www.bastionnashville.com

Cafe Roze

1115 Porter Rd, Nashville, TN 37206
615-645-9100
www.caferoze.com

Capitol Grille and Oak Bar at The Hermitage Hotel

231 6th Ave N, Nashville, TN 37219
615-345-7116
www.capitolgrillenashville.com

Chef's Market

900 Conference Dr,
Goodlettsville TN 37072
615-851-2433
www.chefsmarket.com

Cheekwood Estate & Gardens

1200 Forrest Park Drive
Nashville, TN 37205
615-356-8000
www.cheekwood.org

The Christie Cookie Co.

1205 3rd Ave N, Nashville, TN 37208
1-800-458-2447
www.christiecookies.com

Decker & Dyer at The Westin Nashville

807 Clark Pl, Nashville, TN 37203
615-248-2800
www.marriott.com/hotels/hotel-
information/restaurant/bnawi-the-
westin-nashville

E3 Chophouse Nashville

1628 21st Ave S, Nashville, TN 37212
615-301-1818
www.e3chophousenashville.com

etc. restaurant

3790 Bedford Ave, Nashville, TN 37215
615-988-0332
etc.restaurant

Etch

303 Demonbreun St, Nashville, TN 37201
615-522-0685
www.etchrestaurant.com

Frist Art Museum

919 Broadway, Nashville, TN 37203
615-244-3340
www.fristartmuseum.org

Frothy Monkey

Multiple locations
615-600-4756
www.frothymonkey.com

Goo Goo Shop

116 3rd Ave S, Nashville, TN 37201
615-490-6685
www.googoo.com

Henrietta Red

1200 4th Ave N, Nashville, TN 37208
615-490-8042
www.henriettared.com

Martin's Bar-B-Que Joint

Multiple locations
615-288-0880
www.martinsbbjoint.com

Music City Center

201 5th Ave S, Nashville, TN 37203
615-401-1400
www.nashvillemusiccitycenter.com

Nashville Sounds

19 Jr Gilliam Way, Nashville, TN 37219
615-690-4487
www.milb.com/nashville

Nudie's Honky Tonk

409 Broadway, Nashville TN 37203
www.nudieshonkytonk.com

Peg Leg Porker BBQ

903 Gleaves St, Nashville, TN 37203
615-829-6023
www.peglegporker.com

Pinewood Social

33 Peabody St, Nashville, TN 37210
615-751-8111
www.pinewoodsocial.com

Sinema Restaurant and Bar

2600 8th Ave S #102,
Nashville, TN 37204
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www.sinemanashville.com

Skull's Rainbow Room

222 Printers Alley, Nashville TN 37201
615-810-9631
www.skullsrainbowroom.com

SoundWaves at Gaylord Opryland Resort & Convention Center

2800 Opryland Dr, Nashville, TN 37214
615-889-1000
www.soundwavesgo.com

Stateside Kitchen at Dream Nashville

210 4th Ave N, Nashville, TN 37219
615-622-0500
www.dreamhotels.com/nashville

Tailor Nashville

1300B 3rd Ave N, Nashville, TN 37208
www.tailornashville.com

Tennessee Titans

1 Titans Way, Nashville, TN 37213
615-565-4200
www.tennesseetitans.com

Thai Esane

1520 Division St, Nashville, TN 37203
615-454-5373
www.thaiesane.com