



Music, Barbecue and History in Nashville

by [Kimberly Krol](#) on Nov. 27, 2015

So many people had shared great stories from trips to [Nashville](#) that it quickly moved up my list of must-visit destinations. Last week, I finally had the opportunity to visit Music City, and I can certainly understand the appeal. I also highly recommend the city to anyone looking to explore a new, bustling domestic destination with mass appeal. Trust the more than 90 people per day relocating to Nashville.



Nashville is about music and songwriters. To get a taste of the tunes, check out a songwriter round-up, where songwriters share their stories and sing many of the hit songs they've created. The [Bluebird](#) offers just such an experience. Make your way to the honky-tonks along Broadway for drinks and live music, and be sure to visit the historic [Ryman Auditorium](#) and the [Country Music Hall of Fame](#) for more behind the music.



Nashville is about barbecue. For mouthwatering delights, I can personally recommend [Edley's](#), [Peg Leg Porker](#) or [Martin's Bar-B-Que](#). Sample the food with local brews from [Tennessee Brew Works](#) and [Black Abbey Brewing Company](#).



Nashville is about innovative gourmet cuisine. Check out [5th and Taylor](#) for the Sunday dinner favorites of Chef Daniel Lindley; [Chauhan Ale & Masala House](#), helmed by *Chopped* judge Maneet Chauhan; or the classic stand-by, Capitol Grille, at [The Hermitage Hotel](#). (The onion bisque is a MUST.)



There are so many more dimensions to Nashville: It's about history; it's about a number of different musical genres; it's about craft distilleries; the list goes on. I look forward to sharing more about my experiences here, in the magazine and on our sister publication, [trazeetravel.com](#). Stay tuned!

— Kim Krol, managing editor/vice president